



*The Nordic distributor Ensolution
welcomes everyone to*

User forum 2017 **ACG® System**

Stockholm, 13th of June 2017

- *Lizelle Steenkamp, Discovery Health, South Africa*
- *Alan Thompson, Johns Hopkins HealthCare Solutions*
- *Steve Sutch, Johns Hopkins HealthCare Solutions*
- *Karen Kinder, Bloomberg School of Public Health, Johns Hopkins University
and Johns Hopkins HealthCare Solutions*
- *Jonatan Vincent, Region Jönköping*

*Welcome to an exciting day
where we gather for exchanging experiences!*



Ensolution.

Agenda

09.30 - 10.00

Registration and coffee

10.00 - 10.10

Opening

by *Andreas Johansson*, Ensolution AB

10.10 - 10.30

Current status ACG® System for the rest of world

Karen Kinder, Bloomberg School of Public Health, Johns Hopkins University and Johns Hopkins HealthCare Solutions

10.30 - 12.00 *Keynote Speaker*

Improving patient coordination through effective primary care management

Lizelle Steenkamp, Discovery Health, South Africa, awarded the Prof. Barbara Starfield Award in recognition of use of the ACG® System

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12.00 - 13.00

Lunch

13.00 - 13.45

New versions and other existing news. Details on theory, background and ideas for further development

Steve Sutch, Johns Hopkins HealthCare Solutions gives an overview on the new development



13.45 - 14.30

Uppföljning av diagnossättning och kvalitetssäkring av ACG® i Region Jönköping – så arbetar vi med vår uppföljningsmodell

Jonatan Vincent, Region Jönköping



14.30 - 15.00

Coffee break

15.00 - 15.45

Population health analytics and usage of the ACG® System in the UK

Alan Thompson, Director of User Support, UK Team Leader, Johns Hopkins HealthCare Solutions



15.45 - 16.30

Open panel discussion held by Karen Kinder and other participants. Please prepare questions!

- How can we utilize the information about patients and their risks?
- How can we improve the delivery of care?
- What are the challenges?
- Future directions for risk profiling and co-ordination?
- Other topics related to the usage of the ACG® System

16.30 - 17.00

Reception and drinks





Keynote Speaker Highlights

Discovery Health used the Johns Hopkins ACG® System in 2016 to investigate the impact of care coordination on health care costs and patient health outcomes. By modifying the ACG® System coordination risk score to better suit the South African population and patterns of care, Discovery Health was able to measure the impact of primary care provider allocation. Results demonstrated that assigning a primary care doctor to a patient for care coordination improved care coordination as measured by decreased number of specialist visits coupled with decreased number of hospital admissions and readmissions. Improvements were also seen in process measures recorded within diabetes and healthy heart management in the primary care setting.

Discovery Health's study also showed that the specialty of the doctor providing the majority of care is not as important as previously thought. Instead, the strength of the relationship between the patient and the provider has a greater influence on successful care coordination. Patients with strong relationships with their primary care providers had better utilization experiences than those with weak relationships. This is independent of insurance benefit design as patients with strong relationships with general practitioners on both unrestricted and restricted plans experienced lower levels of hospital utilization. They also experienced lower care coordination issues.

The findings support the Discovery Premier Practice model that was introduced in 2015 and provides an approach that encourages care coordination within the health care system namely the Discovery Premier Network. This network consists of general practitioners who agree to follow evidence based pathways for the management of patients with the following conditions: diabetes, hypertension, hyperlipidemia or coronary artery disease. Enrolled doctors are incentivized to manage their patients' care. The Premier Network is unique in that it is coupled with Discovery's wellness program, Vitality. Vitality members are incentivized to reach particular health goals.

This year, Discovery Health will share how through population segmentation it is able to meaningfully manage the healthcare needs of its insured population leveraging off its Wellness program, Vitality, to effect a successful population management approach. Vitality is a science based approach to wellness open to all insured members of the Discovery Health population ranging from the 'Healthy' to 'Complex' member. Through engagement members are incentivised to participate in healthy behaviours (such as increased activity, health checks and purchasing healthy food from selected retail partners) and rewarded for their level of engagement moving up through Vitality status levels. All Vitality members start at Blue and as their participation increases, members are incentivised to reach 'Diamond' status. The greater an individual's engagement and the more certain health metrics (such as BMI, BP, HDL, LDL, TG) fall within range, the closer a member gets to achieving Diamond.

The Vitality wellness programme has three key proven impacts. It enables the Discovery Health Medical Scheme (the insurer) to attract and retain younger lives, is further able to attract and retain healthier lives and, finally, encourages its insured population to increase their engagement in healthy behaviours, thereby reducing risk. Life expectancy of Vitality members is 15 years greater than the insured population overall while highly engaged Vitality members gain 20 years of increased life expectancy by leading healthy lives. The impact of Vitality can also be seen at a more granular level, the hospital setting, where admissions are lower even for those with low levels of engagement and length of stay and cost per patient are less as compared to non-Vitality members.

Practical information

Time and place

13th of June 2017. The seminar starts at 09.30 and end 17.00

Fotografiska museet i Stockholm

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Registration fee

No fee for the conference. The event is sponsored by Ensolution.

Registration

The notification must be received no later than May 20th, 2017 and is made via email to kristina.jagerloo@ensolution.se.

Please include your name, address, email, and the people will come. Please specify special dietary requirements. Do you have any questions, please email the above person. Seating is limited.

Information

Questions regarding the content of the seminar:
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